



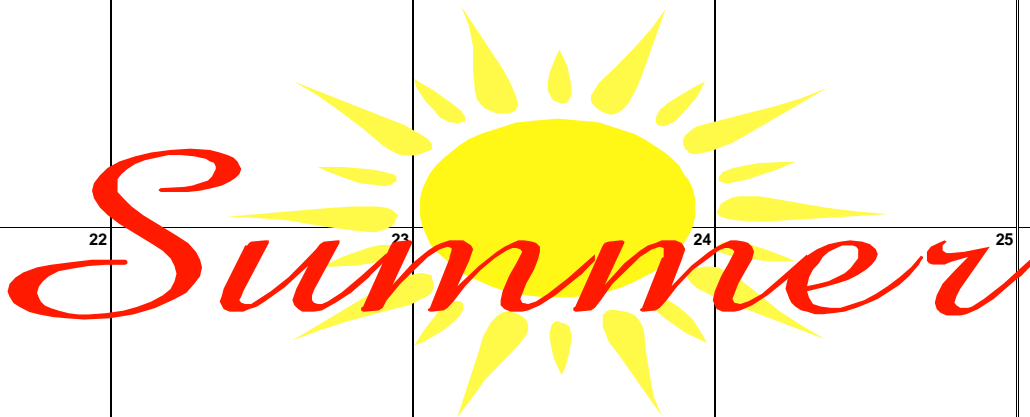
Junio 2015

Almuerzo

Cook County School District 130
Nathan Hale Middle, Veterans, Kerr

C2 - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 PALOMITAS DE POLLO Rondas de Papas Taza de Pera Galleta de Mantecada	2 POLLO CON SALSA BBQ PIZZA DIPPERS CON SALSA DE TOMATE Pan de Hamburguesa Vegetables Mixto Taza de Piña	3 PERRO CALIENTE TROZOS DE POLLO Pan de Perro Caliente Frijoles al Horno Pepino en Escabeche Taza de Piña	4 PIZZA DE QUESO PIZZA DE PEPPERONI Brocoli Taza de Frutas Mescladas	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			



***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.

DRINK WATER! Listed below are some benefits of drinking water:

- Water helps energize your muscles.
- Moisturizes your skin, keeps it fresh, soft, glowing and smooth.
- Did you know that fruits and vegetables have high water content in addition to all of their nutrients? Eat up!



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