





February 2012

COOK COUNTY SCHOOL DISTRICT 130
Paul Revere Intermediate, Nathan Hale Intermediate, Whittier



Preferred Meal Systems, Inc.
preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PENNE PASTA W/MEAT SAUCE(WHOLE WHEAT) BAKED CHICKEN NUGGETS(WHOLE GRAIN) Green Garden Peas Fresh Pear	2 CRISPY CHICKEN TENDERS(WHOLE GRAIN) CHARBROILED HAMBURGER Potato Rounds Fresh Banana Whole Wheat Hamburger Bun Cheddar Goldfish Crackers	3 BEEF SAUSAGE PIZZA (WHOLE WHEAT) KICKIN' CHICKEN Fresh Baby Carrots Peach Cup Whole Wheat Hamburger Bun
6 MINI CORN DOGS FRENCH BREAD PEPPERONI PIZZA Potato Wedges Pineapple Cup PopCorners	7 MACARONI & CHEESE (WHOLE WHEAT) HOT DOG Garden Vegetables Peach Cup Whole Wheat Hot Dog Bun Garlic Bread	8 HOMESTYLE SALISBURY STEAK W/GRAVY BAKED CHICKEN NUGGETS(WHOLE GRAIN) Mashed Potatoes Fresh Pear Whole Wheat Hamburger Bun	9 ITALIAN CHICKEN PARMESAN (WHOLE GRAIN) CHEESEBURGER Green Garden Peas Fresh Orange Whole Wheat Hamburger Bun	10 CHEESE PISA PIZZA CRISPY CHICKEN FILLET (WHOLE GRAIN) Mixed Greens Salad Grape Juice Whole Wheat Hamburger Bun Vanilla Cookie
13 Lincoln's Birthday Observed NO SCHOOL	14 POPCORN CHICKEN FRENCH BREAD CHEESE PIZZA Potato Rounds Bonzi Blueberry Applesauce (All Natural) Valentine's Day Cookie	15 MEATBALL SUB W/TOMATO SAUCE BAKED CHICKEN NUGGETS(WHOLE GRAIN) French Fries Fresh Banana Whole Wheat Hot Dog Bun	16 CHEESE PIZZA DIPPERS Marinara Dipping Sauce CHARBROILED HAMBURGER Fresh Baby Carrots Pineapple Cup Whole Wheat Hamburger Bun Goldfish Crackers	17 SWEET & SOUR BROWN RICE BOWL W/CHICKEN KICKIN' CHICKEN Fresh Orange Grape Juice Whole Wheat Hamburger Bun Corn Muffin
20 HOMESTYLE CHILI W/BEANS FRENCH BREAD PEPPERONI PIZZA Whole Kernel Corn Cherry Frozen Juice Bar WG Tortilla Rounds	21 FRENCH TOAST STICKS W/SAUSAGE HOT DOG Potato Rounds Orange Juice Whole Wheat Hamburger Bun	22 TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD BAKED CHICKEN NUGGETS(WHOLE GRAIN) Tomato Soup Peach Cup	23 CRISPY CHICKEN TENDERS(WHOLE GRAIN) CHEESEBURGER Potato Wedges Fresh Apple Whole Wheat Hamburger Bun Fritos	24 CHEESE PISA PIZZA CRISPY CHICKEN FILLET (WHOLE GRAIN) Fresh Baby Carrots Pear Cup Whole Wheat Hamburger Bun
27 POPCORN CHICKEN BEEF SAUSAGE PIZZA (WHOLE WHEAT) Potato Rounds Apple-Cranberry Juice	28 SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE HOT DOG Green Garden Peas Mixed Fruit Cup Garlic Bread Whole Wheat Hot Dog Bun	29 BAGEL DOG BAKED CHICKEN NUGGETS(WHOLE GRAIN) Potato Wedges Fresh Pear		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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