





January 2012

COOK COUNTY SCHOOL DISTRICT 130

Kerr, Veterans Memorial, Nathan Hale Middle



Preferred Meal Systems, Inc.
preferredmealsystems.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
|  | NO SCHOOL | NO SCHOOL |  BAGEL DOG (WHOLE GRAIN) SICILLIAN STYLE CHEESE PIZZA KICKIN CHICKEN Hamburger Bun Mixed Vegetables Blended Fruit Juice Lemon Cookie | CHEESEBURGER LUNCH MUNCHIE SICILLIAN STYLE CHEESE PIZZA HOT DOG Hot Dog Bun Potato Rounds Fresh Orange Multigrain Sun Chips |
| PIZZA BURGER CHEESE PIZZA DIPPERS Marinara Dipping Sauce CRISPY CHICKEN FILLET (WHOLE GRAIN) Hamburger Bun Maple Baked Beans Pineapple Cup PopCorners | POPCORN CHICKEN CHEESE PIZZA WEDGE CHEESEBURGER Hamburger Bun Hash Brown Potatoes Grape Juice Goldfish Crackers | SPAGHETTI W/ MEAT SAUCE SICILLIAN STYLE CHEESE PIZZA GRILLED CHICKEN FILLET(Hamburger Bun) Mixed Greens Salad Fresh Orange Soft Breadstick | TERIYAKI GLAZED CHICKEN W/FRIED RICE FRENCH BREAD PEPPERONI PIZZA KICKIN CHICKEN Hamburger Bun Glazed Carrots Fresh Apple Vanilla Cookie | WHOLE GRAIN CHILI & CHEESE QUESADILLA BEEF SAUSAGE PIZZA WEDGE RIB-B-QUE Hamburger Bun Potato Rounds Diced Pear Cup Multigrain Sun Chips |
| Martin Luther King Day NO SCHOOL | CHICKEN TENDERS (Whole Grain) PEPPERONI PIZZA WEDGE HAMBURGER Hamburger Bun Hash Browns Peach Cup Sweet Chili Doritos | MACARONI & CHEESE CHEESE PIZZA DIPPERS Marinara Dipping Sauce GRILLED CHICKEN FILLET(Hamburger Bun) Broccoli Apple-Cranberry Juice Garlic Bread | MEATBALLS W/TOMATO SAUCE(Hot Dog Bun) FRENCH BREAD CHEESE PIZZA ITALIAN CHICKEN PARMESAN(Hamburger Bun) Cut Green Beans Fresh Pear Honey Wheat Pretzels | BEAN & CHEESE BURRITO SICILLIAN STYLE CHEESE PIZZA HOT DOG Hot Dog Bun Potato Rounds Fresh Banana Fritos |
| TOASTED TURKEY HAM & CHEESE SANDWICH CHEESE PIZZA DIPPERS Marinara Dipping Sauce CRISPY CHICKEN FILLET (WHOLE GRAIN) Hamburger Bun Potato Rounds Diced Pear Cup Baked Doritos | CHICKEN NUGGETS (WHOLE GRAIN) CHEESE PIZZA WEDGE CHEESEBURGER Hamburger Bun Potato Wedges Grape Juice Snickerdoodle Cookie | PENNE PASTA W/MEAT SAUCE SICILLIAN STYLE CHEESE PIZZA GRILLED CHICKEN FILLET(Hamburger Bun) Garden Green Peas Fresh Banana Garlic Bread | TURKEY TACO MEAT FRENCH BREAD PEPPERONI PIZZA KICKIN CHICKEN Hamburger Bun Fresh Baby Carrots Shredded Lettuce Tortilla Rounds (Whole Grain) | SALISBURY STEAK W/ GRAVY(Hamburger Bun) BEEF SAUSAGE PIZZA WEDGE CHEF'S SALAD Soft Breadstick Mashed Potatoes Fresh Orange Oatmeal Cookie |
| NO SCHOOL | CHICKEN DIPPERS (whole grain)W/TOMATO PARMESAN SAUCE PEPPERONI PIZZA WEDGE HAMBURGER Hamburger Bun French Fries Bonzi Blueberry Applesauce (All Natural) Baked Cheetos | | | |

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.