

Cook County School District 130  
 12300 S. Greenwood Avenue  
 Blue Island, IL 60406

Phone: 708-385-6800

Fax: 708-385-8467

**Health Requirements**

**Any student entering Cook County School District 130 for the first time must have a current Illinois Physical examination regardless of grade.**

- *Students transferring from another school in Illinois may use the Illinois physical examination from the last school attended, but must be provided to Cook County School District 130 within 30 days.*
  - *Students transferring from another state have 30 days to obtain an Illinois physical examination. Please note: No doctor appointment cards will be accepted.*
  - *Students entering from outside of the USA must provide a current Illinois physical examination **BEFORE** starting school.*
- All Kindergarten and 6<sup>th</sup> grade students require a **new** Illinois physical examination prior to starting school.
  - All Kindergarten, 2<sup>nd</sup> grade and 6<sup>th</sup> grade students should receive a dental examination or complete a waiver. The exam must be dated between May 15<sup>th</sup> of the previous school year and May 15<sup>th</sup> of the current school year.
  - All Kindergarten and transfer students (from outside the state of Illinois) are required to have a vision examination. It must be completed by October 15<sup>th</sup> of the current school year.

**All health requirements are due by the first day of school or the student may be excluded from school attendance until such information is received.**

**Illinois State Law Requirements for school entry by grade**

Grade Level	Documentation Needed
Preschool Required documents are included in the screening packet	- Illinois Physical including updated immunizations
Kindergarten Required documents were included in the end of the year registration packet	- New Illinois Physical examination including updated immunizations - Dental Exam - Professional Eye exam
Second Grade Required documents were included in your child's 3 <sup>rd</sup> quarter report card	- Dental Exam
Sixth Grade Required documents were included in your child's 3 <sup>rd</sup> quarter report card	- New Illinois Physical Examination including updated immunizations - Dental Exam

**Blank Health Forms are available on the District Website in the registration tab.**

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**Requisitos de Salud**

**Cualquier estudiante que entre a cualquier escuela en el Distrito de Condado de Cook District 130 por primera vez deberá de obtener un examen físico del estado de Illinois Sin tener en cuenta el grado**

- *Los estudiantes que se trasladan de otra escuela en Illinois pueden usar el examen físico de Illinois de la última escuela asistida, pero deben proporcionar una copia al Distrito 130 dentro de 30 días.*
- *Los estudiantes que se trasladan de otro estado tienen 30 días para obtener un examen físico de Illinois. Tenga en cuenta: No se aceptan tarjetas de cita con el médico*
- *Los estudiantes que entran desde fuera de los EE. UU deben proporcionar un examen físico de Illinois corriente ANTES del inicio de escuela.*

Todos los estudiantes de Kínder y 6° grado requieren un nuevo examen físico de Illinois antes de iniciar en la escuela.

Todos los estudiantes de Kínder, 2° grado y 6° grado deberán de recibir una examen dental o llenar un formulario de renuncia. El examen deberá de tener la fecha entre 15 de Mayo del año corriente al 15 de Mayo del próximo año escolar.

Se requiere que todos los estudiantes de Kínder y estudiantes que se transfieren a nuestras escuelas del Distrito 130 (desde fuera del estado de Illinois) tengan un examen de visión. Esto debe ser completado para el 15 de octubre del año escolar corriente.

**Todos los requisitos de salud deben presentarse antes del primer día de clases si su hijo(a) no cumple con estos requisitos estará en riesgo de ser excluido de la asistencia a la escuela hasta que se reciba dicha información**

**Requisitos de la ley del Estado de Illinois para el ingreso escolar por grado**

Nivel Escolar	Documentación Requerida
Pre escolar documentos requeridos están incluidos en el paquete pre escolar	- Examen físico incluyendo la más reciente boleta de vacunas
Kínder documentos requeridos se incluyeron en el paquete de inscripción anual al final del año escolar	- Examen físico del estado de Illinois Nuevo incluyendo la mas reciente boleta de vacunas - Examen Dental - Examen profesional de visión
Segundo Grado documentos requeridos fueron incluidos en la libreta de calificaciones tercer trimestre de su hijo	- Examen Dental
6 Grado documentos requeridos fueron incluidos en la libreta de calificaciones tercer trimestre de su hijo	- Nuevo Examen físico del Estado de Illinois incluyendo la tarjeta de vacunas al corriente - Examen Dental

**Formas de Salud están disponibles en el sitio web del distrito en la ficha de inscripción.**



## State of Illinois Certificate of Child Health Examination

<b>Student's Name</b>				<b>Birth Date</b>	<b>Sex</b>	<b>Race/Ethnicity</b>	<b>School /Grade Level/ID#</b>	
Last		First		Middle		Month/Day/Year		
<b>Address</b>				<b>Parent/Guardian</b>	<b>Telephone #</b>		<b>Home</b>	
Street		City		Zip Code		Work		
<b>IMMUNIZATIONS: To be completed by health care provider. The mo/da/yr for every dose administered is required. If a specific vaccine is medically contraindicated, a separate written statement must be attached by the health care provider responsible for completing the health examination explaining the medical reason for the contraindication.</b>								
<b>REQUIRED Vaccine / Dose</b>	<b>DOSE 1</b>		<b>DOSE 2</b>		<b>DOSE 3</b>		<b>DOSE 4</b>	
	MO	DA	YR	MO	DA	YR	MO	DA
<b>DTP or DTaP</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Tdap; Td or Pediatric DT (Check specific type)</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Polio (Check specific type)</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	IPV	OPV		IPV	OPV		IPV	OPV
<b>Hib Haemophilus influenza type b</b>								
<b>Pneumococcal Conjugate</b>								
<b>Hepatitis B</b>								
<b>MMR Measles Mumps. Rubella</b>								
<b>Varicella (Chickenpox)</b>								
<b>Meningococcal conjugate (MCV4)</b>								
<b>RECOMMENDED, BUT NOT REQUIRED Vaccine / Dose</b>								
<b>Hepatitis A</b>								
<b>HPV</b>								
<b>Influenza</b>								
<b>Other: Specify Immunization Administered/Dates</b>								
<b>Health care provider (MD, DO, APN, PA, school health professional, health official) verifying above immunization history must sign below. If adding dates to the above immunization history section, put your initials by date(s) and sign here.</b>								
<b>Signature</b>				<b>Title</b>		<b>Date</b>		
<b>Signature</b>				<b>Title</b>		<b>Date</b>		
<b>ALTERNATIVE PROOF OF IMMUNITY</b>								
<b>1. Clinical diagnosis (measles, mumps, hepatitis B) is allowed when verified by physician and supported with lab confirmation. Attach copy of lab result.</b> <b>*MEASLES (Rubeola) MO DA YR **MUMPS MO DA YR HEPATITIS B MO DA YR VARICELLA MO DA YR</b>								
<b>2. History of varicella (chickenpox) disease is acceptable if verified by health care provider, school health professional or health official. Person signing below verifies that the parent/guardian's description of varicella disease history is indicative of past infection and is accepting such history as documentation of disease.</b> <b>Date of Disease</b> _____ <b>Signature</b> _____ <b>Title</b> _____								
<b>3. Laboratory Evidence of Immunity (check one) <input type="checkbox"/>Measles* <input type="checkbox"/>Mumps** <input type="checkbox"/>Rubella <input type="checkbox"/>Varicella Attach copy of lab result.</b> <b>*All measles cases diagnosed on or after July 1, 2002, must be confirmed by laboratory evidence.</b> <b>**All mumps cases diagnosed on or after July 1, 2013, must be confirmed by laboratory evidence.</b>								
<b>Completion of Alternatives 1 or 3 MUST be accompanied by Labs &amp; Physician Signature: _____</b> <b>Physician Statements of Immunity MUST be submitted to IDPH for review.</b>								

Certificates of Religious Exemption to Immunizations or Physician Medical Statements of Medical Contraindication Are Reviewed and Maintained by the School Authority.

Last			First			Middle			Birth Date Month/Day/ Year			Sex	School		Grade Level/ ID		
<b>HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER</b>																	
<b>ALLERGIES</b> (Food, drug, insect, other)			Yes	No	List:			<b>MEDICATION</b> (Prescribed or taken on a regular basis.)			Yes	No	List:				
Diagnosis of asthma?			Yes	No				Loss of function of one of paired organs? (eye/ear/kidney/testicle)			Yes	No					
Child wakes during night coughing?			Yes	No				Hospitalizations? When? What for?			Yes	No					
Birth defects?			Yes	No				Surgery? (List all) When? What for?			Yes	No					
Developmental delay?			Yes	No				Serious injury or illness?			Yes	No					
Blood disorders? Hemophilia, Sickle Cell, Other? Explain.			Yes	No				TB skin test positive (past/present)?			Yes*	No	*If yes, refer to local health department.				
Diabetes?			Yes	No				TB disease (past or present)?			Yes*	No					
Head injury/Concussion/Passed out?			Yes	No				Tobacco use (type, frequency)?			Yes	No					
Seizures? What are they like?			Yes	No				Alcohol/Drug use?			Yes	No					
Heart problem/Shortness of breath?			Yes	No				Family history of sudden death before age 50? (Cause?)			Yes	No					
Heart murmur/High blood pressure?			Yes	No				Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate <input type="checkbox"/> Other									
Dizziness or chest pain with exercise?			Yes	No				Information may be shared with appropriate personnel for health and educational purposes.									
Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____																	
Other concerns? (crossed eye, drooping lids, squinting, difficulty reading)																	
Ear/Hearing problems?			Yes	No				Parent/Guardian Signature _____ Date _____									
Bone/Joint problem/injury/scoliosis?			Yes	No													
<b>PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA</b>																	
HEAD CIRCUMFERENCE if < 2-3 years old				HEIGHT				WEIGHT				BMI		B/P			
DIABETES SCREENING (NOT REQUIRED FOR DAY CARE) BMI>85% age/sex Yes <input type="checkbox"/> No <input type="checkbox"/> And any two of the following: Family History Yes <input type="checkbox"/> No <input type="checkbox"/> Ethnic Minority Yes <input type="checkbox"/> No <input type="checkbox"/> Signs of Insulin Resistance (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes <input type="checkbox"/> No <input type="checkbox"/> At Risk Yes <input type="checkbox"/> No <input type="checkbox"/>																	
LEAD RISK QUESTIONNAIRE: Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)																	
Questionnaire Administered? Yes <input type="checkbox"/> No <input type="checkbox"/> Blood Test Indicated? Yes <input type="checkbox"/> No <input type="checkbox"/> Blood Test Date _____ Result _____																	
TB SKIN OR BLOOD TEST Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. <a href="http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm">http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm</a> .																	
No test needed <input type="checkbox"/> Test performed <input type="checkbox"/> Skin Test: Date Read / / Result: Positive <input type="checkbox"/> Negative <input type="checkbox"/> mm _____																	
Blood Test: Date Reported / / Result: Positive <input type="checkbox"/> Negative <input type="checkbox"/> Value _____																	
LAB TESTS (Recommended)		Date		Results		Date		Results									
Hemoglobin or Hematocrit						Sickle Cell (when indicated)											
Urinalysis						Developmental Screening Tool											
SYSTEM REVIEW	Normal	Comments/Follow-up/Needs				Normal	Comments/Follow-up/Needs										
Skin						Endocrine											
Ears		Screening Result:				Gastrointestinal											
Eyes		Screening Result:				Genito-Urinary		LMP									
Nose						Neurological											
Throat						Musculoskeletal											
Mouth/Dental						Spinal Exam											
Cardiovascular/HTN						Nutritional status											
Respiratory		<input type="checkbox"/> Diagnosis of Asthma				Mental Health											
Currently Prescribed Asthma Medication:						Other											
<input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist)																	
<input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid)																	
NEEDS/MODIFICATIONS required in the school setting						DIETARY Needs/Restrictions											
SPECIAL INSTRUCTIONS/DEVICES e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup																	
MENTAL HEALTH/OTHER Is there anything else the school should know about this student? If you would like to discuss this student's health with school or school health personnel, check title: <input type="checkbox"/> Nurse <input type="checkbox"/> Teacher <input type="checkbox"/> Counselor <input type="checkbox"/> Principal																	
EMERGENCY ACTION needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please describe.																	
On the basis of the examination on this day, I approve this child's participation in _____ (If No or Modified please attach explanation.)																	
PHYSICAL EDUCATION Yes <input type="checkbox"/> No <input type="checkbox"/> Modified <input type="checkbox"/> INTERSCHOLASTIC SPORTS Yes <input type="checkbox"/> No <input type="checkbox"/> Modified <input type="checkbox"/>																	
Print Name				(MD,DO, APN, PA) Signature				Date									
Address						Phone											



## PROOF OF SCHOOL DENTAL EXAMINATION FORM

**To be completed by the parent (please print):**

Student's Name:	Last	First	Middle	Birth Date: (Month/Day/Year) / /
Address:	Street	City	ZIP Code	Telephone:
Name of School:			Grade Level:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Parent or Guardian:			Address (of parent/guardian):	

**To be completed by dentist:**

**Oral Health Status (check all that apply)**

- Yes  No **Dental Sealants Present**
- Yes  No **Caries Experience / Restoration History** — A filling (temporary/permanent) OR a tooth that is missing because it was extracted as a result of caries OR missing permanent 1<sup>st</sup> molars.
- Yes  No **Untreated Caries** — At least 1/2 mm of tooth structure loss at the enamel surface. Brown to dark-brown coloration of the walls of the lesion. These criteria apply to pit and fissure cavitated lesions as well as those on smooth tooth surfaces. If retained root, assume that the whole tooth was destroyed by caries. Broken or chipped teeth, plus teeth with temporary fillings, are considered sound unless a cavitated lesion is also present.
- Yes  No **Soft Tissue Pathology**
- Yes  No **Malocclusion**

**Treatment Needs (check all that apply)**

- Urgent Treatment** — abscess, nerve exposure, advanced disease state, signs or symptoms that include pain, infection, or swelling
- Restorative Care** — amalgams, composites, crowns, etc.
- Preventive Care** — sealants, fluoride treatment, prophylaxis
- Other** — periodontal, orthodontic

Please note \_\_\_\_\_

Signature of Dentist \_\_\_\_\_

Date of Exam \_\_\_\_\_

Address \_\_\_\_\_  
Street City ZIP Code

Telephone \_\_\_\_\_





## FORMULARIO COMPROBANTE DEL EXAMEN DENTAL ESCOLAR

Para ser completado por el padre/madre (por favor impresión):

Nombre del Estudiante:	Apellido	Nombre	Inicial	Fecha de Nacimiento: / / (Mes/Día/Año)
Dirección:	Calle	Ciudad	Código Postal	Número de Teléfono:
Nombre de la Escuela:	Grado:		Sexo: <input type="checkbox"/> Masculino <input type="checkbox"/> Femenino	
Nombre del padre/madre o encargado:			Dirección del padre/madre o encargado:	

To be completed by dentist: (Para ser completado por el dentista:)

### Oral Health Status (check all that apply)

- Yes  No **Dental Sealants Present**
- Yes  No **Caries Experience / Restoration History** — A filling (temporary/permanent) OR a tooth that is missing because it was extracted as a result of caries OR missing permanent 1<sup>st</sup> molars.
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- Yes  No **Soft Tissue Pathology**
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### Treatment Needs (check all that apply)

- Urgent Treatment** — abscess, nerve exposure, advanced disease state, signs or symptoms that include pain, infection, or swelling
- Restorative Care** — amalgams, composites, crowns, etc.
- Preventive Care** — sealants, fluoride treatment, prophylaxis
- Other** — periodontal, orthodontic

Please note \_\_\_\_\_

Signature of Dentist \_\_\_\_\_

Date of Exam \_\_\_\_\_

Address \_\_\_\_\_  
Street City ZIP Code

Telephone \_\_\_\_\_





# State of Illinois Eye Examination Report

Illinois law requires that proof of an eye examination by an optometrist or physician (such as an ophthalmologist) who provides eye examinations be submitted to the school no later than October 15 of the year the child is first enrolled or as required by the school for other children. The examination must be completed within one year prior to the first day of the school year the child enters the Illinois school system for the first time. The parent of any child who is unable to obtain an examination must submit a waiver form to the school.

Student Name \_\_\_\_\_  
 (Last) (First) (Middle Initial)

Birth Date \_\_\_\_\_ Gender \_\_\_\_\_ Grade \_\_\_\_\_  
 (Month/Day/Year)

Parent or Guardian \_\_\_\_\_  
 (Last) (First)

Phone \_\_\_\_\_  
 (Area Code)

Address \_\_\_\_\_  
 (Number) (Street) (City) (ZIP Code)

County \_\_\_\_\_

### To Be Completed By Examining Doctor

#### Case History

Date of exam \_\_\_\_\_

Ocular history:  Normal or Positive for \_\_\_\_\_

Medical history:  Normal or Positive for \_\_\_\_\_

Drug allergies:  NKDA or Allergic to \_\_\_\_\_

Other information \_\_\_\_\_

#### Examination

	Distance			Near
	Right	Left	Both	Both
Uncorrected visual acuity	20/	20/	20/	20/
Best corrected visual acuity	20/	20/	20/	20/

Was refraction performed with dilation?  Yes  No

	Normal	Abnormal	Not Able to Assess	Comments
External exam (lids, lashes, cornea, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Internal exam (vitreous, lens, fundus, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Pupillary reflex (pupils)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Binocular function (stereopsis)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Accommodation and vergence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Color vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Glaucoma evaluation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Oculomotor assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

NOTE: "Not Able to Assess" refers to the inability of the child to complete the test, not the inability of the doctor to provide the test.

#### Diagnosis

Normal  Myopia  Hyperopia  Astigmatism  Strabismus  Amblyopia

Other \_\_\_\_\_



# State of Illinois Eye Examination Report

### Recommendations

1. Corrective lenses:  No  Yes, glasses or contacts should be worn for:  
 Constant wear  Near vision  Far vision  
 May be removed for physical education

2. Preferential seating recommended:  No  Yes

Comments \_\_\_\_\_  
 \_\_\_\_\_

3. Recommend re-examination:  3 months  6 months  12 months

Other \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

Print name \_\_\_\_\_

Optometrist or physician (such as an ophthalmologist)  
 who provided the eye examination  MD  OD  DO

License Number \_\_\_\_\_

Address \_\_\_\_\_  
 \_\_\_\_\_

Phone \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Consent of Parent or Guardian**

I agree to release the above information on my child  
 or ward to appropriate school or health authorities.

\_\_\_\_\_  
 (Parent or Guardian's Signature)

\_\_\_\_\_  
 (Date)

(Source: Amended at 32 Ill. Reg. \_\_\_\_\_, effective \_\_\_\_\_)