



June 2015

Lunch

COOK COUNTY SCHOOL DISTRICT 130 Nathan Hale Middle, Kerr, Veterans

C2 - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 POPCORN CHICKEN Golden Potato Rounds Diced Pears Shortbread Mini	2 BBQ CHICKEN Hamburger Bun PIZZA DIPPERS Marinara Dipping Sauce Mixed Vegetables Pineapple Tidbits	3 HOT DOG Hot Dog Bun CHICKEN TENDERS Maple Baked Beans Pickle Chips Pineapple Tidbits	4 CHEESE PIZZA WEDGE PEPPERONI PIZZA WEDGE Broccoli Mixed Fruit Cup	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

DRINK WATER! Listed below are some benefits of drinking water:

- Water helps energize your muscles.
- Moisturizes your skin, keeps it fresh, soft, glowing and smooth.
- Did you know that fruits and vegetables have high water content in addition to all of their nutrients? Eat up!



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