






January 2012

COOK COUNTY SCHOOL DISTRICT 130
Greenwood, Lincoln, Washington, Paul Revere Primary, Nathan Hale Primary



Preferred Meal Systems, Inc.
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Monday	Tuesday	Wednesday	Thursday	Friday
 2	NO SCHOOL 3	NO SCHOOL 4	MINI CORN DOGS W/POTATO FUN SHAPES Blue Raspberry Frozen Juice Bar 5	CHEESE PISA PIZZA Mixed Fruit Cup Grape Juice 6
FRENCH TOAST STICKS W/SAUSAGE Potato Rounds Blended Fruit Juice 9	CHICKEN TENDERS (Whole Grain) W/POTATO WEDGES Mixed Fruit Cup Mini Pretzels 10	CHARBROILED HAMBURGER Maple Baked Beans Fresh Banana Whole Wheat Hamburger Bun Fritos 11	CHEESE PIZZA DIPPERS Marinara Dipping Sauce Fresh Baby Carrots Pineapple Cup 12	SWEET & SOUR BROWN RICE BOWL W/CHICKEN Fresh Apple Wally Wabbit's Carrot Muffin 13
Martin Luther King Day NO SCHOOL 16	HOMESTYLE CHILI W/BEANS Buttered Corn Cherry Frozen Juice Bar Tortilla Rounds (Whole Grain) 17	CHICKEN DIPPERS (whole grain)W/TOMATO PARMESAN SAUCE Funky Fruit Punch Applesauce (all natural) Soft Breadstick 18	HOT DOG FRENCH FRIES Fresh Orange Whole Wheat Hot Dog Bun 19	PEPPERONI PISA PIZZA (WHOLE WHEAT) Fresh Baby Carrots Pear Cup 20
 BAGEL DOG (WHOLE GRAIN) Potato Wedges Apple-Cranberry Juice 23	SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE Green Garden Peas Mixed Fruit Cup Soft Breadstick 24	BAKED CHICKEN NUGGETS(WHOLE GRAIN) Mashed Sweet Potatoes Fresh Pear Wheat Bread Fritos 25	ITALIAN CHICKEN PARMESAN (WHOLE GRAIN) Garden Vegetables Fresh Banana Whole Wheat Hamburger Bun 26	CHEESE PIZZA DIPPERS Marinara Dipping Sauce Mixed Greens Salad Peach Cup 27
NO SCHOOL 30	LOW FAT TOASTED CHEESE ON WHEAT BREAD Tomato Soup Grape Juice 31			 6

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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